

In this classroom we know ...

... we are all doing the best we can.

... everyone feels wobbly sometimes.

... our feelings are important.

... school can be hard sometimes.

... I am a good person, even when i make mistakes.

... when we feel better, we do better.

...we need to be kind to ourselves and to each other.

...everyone makes mistakes. it's normal and it's ok.

...children need help to sort out their wobbly feelings.